



Konstancin Hydrotherapy Centre EVA Park Life & SPA

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BRINE POOL

Wellness Zone at EVA Park Life & SPA is an excellent complement to our accommodation and recreation offer. Our **brine pool** is filled with chloride-potassium-iodine water with mineralisation of 75 g/dm³ and a starting temperature of 35°C. It is sourced from the "Warszawa IG" spring located in the "Konstancin" boring area at the depth of 1,750 metres. In addition to health and beauty bathing sessions in our brine pool, we also offer **relaxation sessions in our brine pearl bath in a hot tub** filled with salt water with approx. 7% salinity and a temperature of 35-36°C. Other attractions in our pool area include a **freshwater hot tub** with water temperature of 35-36°C, a **dry sauna** and **steam bath**.



GRADUATION TOWER

The graduation tower is a health facility – an open-air inhalatorium, **powered by brine – healing water with 7.5% minerality**. The brine is extracted from the "Warszawa IG" spring at the depth of 1,750 metres and pumped to the top of the graduation tower. As the brine evaporates flowing down the fascines, it creates a unique microclimate, similar to the climate we can enjoy at the seaside. The minerals contained in the air around the tower support the reconstruction and regeneration of the mucous membrane of the upper respiratory tract, and have a stimulating effect on the immune system. The elements iodine, bromine, calcium and magnesium are particularly beneficial for our health.

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EVA PARK
LIFE & SPA

- Rooms and suites • Restaurant •
- SPA • Brine pool • Business •
- Brine graduation tower •



ROOMS AND SUITES

We offer our guests 27 luxuriously appointed, comfortable and functional rooms, including: **20 doubles, 5 singles and 2 suites.**

The interiors are air-conditioned, with Wi-Fi access, and modern and elegant decorations, ensuring exceptional comfort. Warm, natural colours of the rooms harmonize with the beautiful surroundings of the Spa Park. All rooms and suites have got an en-suite bathroom. Mineral water and toiletries are provided for use by hotel guests.



CONFERENCE ROOMS

EVA Park Life & SPA offers **four conference rooms** which can be easily rearranged. The biggest room can be split into two smaller ones using movable partition walls. We can therefore host not only your conferences, company events, training sessions and workshops for multiple participants, but also smaller-scale events like management or board meetings off the company premises.

Our spacious foyers on both floors and Lobby Bar at the Main Reception serve as additional space during coffee breaks or for exhibitions during client events, or an integral part of rooms during events.



RESTAURANT

Located on the ground floor, our restaurant has a large ground-level terrace with a view of the Spa Park. Thoughtful interior design combines the modern character of EVA Park with an atmospheric, intimate atmosphere, suitable for social meetings. In addition to the main hall, the restaurant also has a comfortable VIP area, which is recommended for business meetings or functions.

The most important advantage of our restaurant, however, is food - when composing the menu, our chef drew inspiration from both international and Polish cuisine, presenting traditional flavours in an intriguing, refined way.



SPA

EVA Park Life & SPA is an ideal place for relaxation, combined with beauty care. You can take advantage of our wide range of SPA treatments, using the health-restoring qualities of brine, but also the latest achievements of cosmetology. Our highly-seasoned therapists, according to the individual needs of each of our guests, offer treatments using professional equipment and high-quality cosmetic products.

Our comprehensive offer includes body shaping treatments, specialist face and body care, massages, as well as biological regeneration. The relaxing character of our treatments is enhanced by the special microclimate of the spa town.